

18-May

MAIN STAGE

DURATION	START TIME	ACTION	PRESENTER/ OWNER	VISUALS	NOTES
120 mins	8:00am	Impact Day Set up	Vendors/Com mittee		All vendors set up by 9:30a
60 mins	9:30am	Doors Open	DJ Playing		Registratio n ready
5 mins	10:00 - 10:05 am	Welcome, Prayer, and Kick Off	DST, NHBC, MC		Deacon Donna Pate
DURATION	START TIME	ACTION	PRESENTER/ OWNER	VISUALS	NOTES
20 mins	10:05- 10:25am	Chair Yoga with Sound Bath	Leslie Pace		Chairs
10 mins	10:25 - 10:35am	Transition period	Health Expert	Partners	AKA, NAACP
15 mins	10:35 - 10:50am	Kangoos Jumps Demo	Taylor Neal		
10 mins	10:50 - 11:00am	Transition period	Health Expert	Nutrition/E mtional	
20 mins	11:00 - 11:20am	Tai Chi	D. L. Pos Ryant		
20 mins	11:20 - 11:50am	Jazzercise	Traci Jones		
10 mins	11:50 - 12:00pm	Transition period	Health Expert	Mental Health	Msimmon s
20 mins	12:00 - 12:20pm	Hip Hop Extreme	Marquita Foster		Aerobic Steps
20 mins	12:20 - 12:50pm	Soca Fit	Natilia Sibert		
10 mins	12:50 - 1:00pm	Wrap up/Prayer	DST, NHBC Prayer		Deacon Donna Pate

UPSTAIRS

DURATION	LOCATION	START TIME	ACTION	PRESENTER/ OWNER	VISUALS	NOTES
120 mins		8:00am	Impact Day Set up			
60 mins		9:30am	Doors Open	Music playing		2 Greeters
DURATION	LOCATION	START TIME	ACTION	PRESENTER/ OWNER	VISUALS	NOTES
3 hours	Mobile unit	10:00 - 1:00pm	COVID Vaccination	Denver Health		
2 (30 min)	Room 7	10:30 - 11:00am	Alzheimers	Slyvia		
		11:00- 11:15am	Break			
		11:15 - 11:45am	Alzheimers	Slyvia		
2 (30 min)	Room 8	12:00 - 12:30pm	Emotional eating	Jharris		
		12:30 - 12:45p	Break			
		12:45 - 1:15pm	Emotional eating	Jharris		
2 (30 min)	Room 3	11:00 - 11:30am	Self Care	Terri Richardson		
		11:30 - 11:45am	Break	Terri Richardson		
		11:45 - 12:15pm	Self Care	Terri Richardson		

DURATION
120 mins
60 mins
DURATION
60 min
135 min
135 min

135 min	Classroom 1	:45 - 12:50a	Mental Health and Social Media	Youth	Therapist of Color	Grades 3rd - 5th
DURATION		START TIME	ACTION	PRESENTER/ OWNER	VISUALS	NOTES

DURATION

